

Vera T. Tzenova- Bochnowicz

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EDUCATION

Undergraduate Studies in Bulgarian Language and Literature, Minor in Polish Language, University of Plovdiv, Plovdiv, Bulgaria, 1997-1999.

B.A. in Political Science, Minor in German Language, Arcadia University, Glenside, Pennsylvania, 2003.

M.A. in International Peace and Conflict Resolution, Arcadia University, Glenside, Pennsylvania, 2005.

Internship at The Peace Center, Langhorne, Pennsylvania assisting in delivering conflict resolution programs in elementary and middle schools and assisting with research and evaluation of Bullying Prevention program, 2004.

Training at SAFE, A Supportive Alliance for Family Empowerment, Langhorne, Pennsylvania, 2004-2006.

Certificate in Traumatic Stress Studies at the *Trauma Center at Justice Resource Institute*, Boston, Massachusetts with Bessel van der Kolk, M.D. and team: a comprehensive, post-graduate-level program in the understanding, assessment and treatment of traumatic stress and delivering trauma-informed interventions, 2015-2016.

Certificate in Trauma-sensitive Yoga and Mindfulness in the Criminal Justice System by the *Transformation Yoga Project*, October 2016.

PROFESSIONAL EXPERIENCE

2005 *Volunteer Peace Educator* at The Peace Center, Langhorne, Pennsylvania supervising Peace Camp counselors and delivering conflict resolution and emotional intelligence lessons.

2006 *Local Childcare Coordinator* at Cultural Care Au Pair, Boston, Massachusetts providing program support including mediation to local au pairs and families.

2007-2009 *Ventures In Peace, (V.I.P.) Program Coordinator and Youth Group Facilitator* for delinquent and at risk male and female youth age 11 – 17 years old at The Peace Center, Langhorne, Pennsylvania.

2007-2009 *Full-time Facilitator* at the SAFE Counseling Program, Inc., A Supportive Alliance for Family Empowerment, Bucks County, Pennsylvania.

2011-Present *Co-Owner, Co-Director, Treasurer and Secretary of, and Facilitator* at the SAFE Counseling Program, Inc., Bucks County, Pennsylvania. Developing and delivering experiential and didactic materials and programs to private clients and to organizations such as Youth Services Agency, and Adult/ Youth Probation and Parole Departments in the Greater Philadelphia Area.

March 2016-September 2016 *Organizer of Philadelphia Area Mind Body Empower and Resilience Meetup* – a support group for women via a weekly hour and a half-long *EmPower Walk & Talk*.

MEMBERSHIPS and AFFILIATIONS: **ADVIP**, Association of Domestic Violence Intervention Programs; **ACA**, American Counseling Association; (in the process of joining), **The Peace Center**, Langhorne, Pennsylvania.